



the home of hypnobirthing

## KGHYPNOBIRTHING INFORMATION SHEET

### OLDER MOTHERS

Women over 40 (or sometimes over 35) are often told that interventions are advisable when they give birth. Please inform yourself by reading the information below before you make this significant choice.

#### ARTICLES

Questioning Induction of Labour in Older Women - Sara Wickham:

Part 1: <https://bit.ly/3nRQL4b> & Part 2: <https://bit.ly/3fs5yQa>

AIMS – Induction and Age: Randomized trial of labour induction in women 35 years of age or older - McKenzie G - discusses Walker et al (2016): <https://bit.ly/376lsf9>

The Impact of Advanced Maternal Age and Parity on Obstetric and Perinatal Outcomes in Singleton Gestations - Wang Y, Tanbo T, Abyholm T et al (2011): <https://bit.ly/3605ggd>

#### BOOKS

*Why Induction Matters* (2018) (P67) – Rachel Reed. Rachel Reed refers to the variation in evidence around advanced maternal age

*The Joy of Later Motherhood: Your Natural Path to Healthy Babies Even in Your 40's* - Bettina Gordon Wayne 2018

*The Heart in the Womb* – Amali Lokugamage

This information was correct to the best of our ability at the time of writing but it does not constitute medical advice and the contents should be discussed with your health care professionals.