



the home of hypnobirthing

KGHYPNOBIRTHING INFORMATION SHEET

GROUP B STREP

It is important to be well informed on Group B Strep as there are many different views on this. Here are the articles to help you make an informed choice.

ARTICLES

Collection of articles and resources for Group B Strep – Sara Wickham:
<https://bit.ly/3fqvTy8>

Four trials involving 852 GBS positive women conclude that giving antibiotics is not supported by conclusive evidence – Cochrane review: <https://bit.ly/397BCrv>

The Human Microbiome – consideration for pregnancy, birth and early mothering. Discusses the chance of colonisation and infection with group B streptococcus (GBS) citing both Cohain 2010 and Neugeborene et al as being reduced with waterbirth – Rachel Reed (2020): <https://bit.ly/374GpqR>

Antibiotics administered during labour for Group B Streptococcus (GBS) affect the development of gut bacteria in babies, according to a study from McMasters University Canada – Science Daily (2017): <https://bit.ly/3nORBic>

Evidence surrounding the microbes in and on our bodies and how they play a crucial role in human health and the effect on infants' gut microbiomes – Harvard Scientist (2016): <https://bit.ly/3pTXkoJ>

Alternative measure if you are GBS positive, and tips on how to manage GBS in an out-of-hospital setting such as birth centre or home birth – from a US site:
<https://bit.ly/3fuF8NH>

BOOKS

Group B Strep Explained – Sara Wickham (2019). Understand the evidence and your choices

This information was correct to the best of our ability at the time of writing but it does not constitute medical advice and the contents should be discussed with your health care professionals.