



the home of hypnobirthing

## KGHYPNOBIRTHING INFORMATION SHEET

### SMALL BABY (FOR GESTATIONAL AGE)

If you have been told that your baby is small, you will want to find out the facts, and these articles give you the information you need to make an informed choice if an intervention is suggested.

#### ARTICLES

Trying to identify small babies may do more harm than good – Sara Wickham (2014):  
<https://bit.ly/3731YZ9>

Population study conducted in French maternity units 2010 showing the poor effectiveness of antenatal detection of foetal growth restriction in SGA and normal birth weight infants – also cited by Wickham in her article above: <https://bit.ly/33efp7o>

Antenatal detection of small for dates in still birth population at Royal Edinburgh Infirmary - Dr. S Nagabushanam, Dr N Palaniappan 2016: <https://bit.ly/3pYkIBu>

Royal College of Obstetrics and Gynaecology (RCOG) 2014 Information leaflet:  
<https://bit.ly/3605TGB>

Sara Wickham reported on a study by McRae et al 2018 that has shown receiving pregnancy care from a midwife can reduce the chance of having problems including having a small baby (described in the study as SGA, or small for gestational age), having a pre-term birth (PTB) and having a baby with a low birth weight (LBW):  
<https://bit.ly/35Zj7TY>

#### BOOKS

*Why Induction Matters (P47)* – Rachel Reed

#### WEBSITE

Excellent information on this website: [www.sarawickham.com](http://www.sarawickham.com)

This information was correct to the best of our ability at the time of writing but it does not constitute medical advice and the contents should be discussed with your health care professionals.